



Breastfeeding Art Expo ART DONATIONS



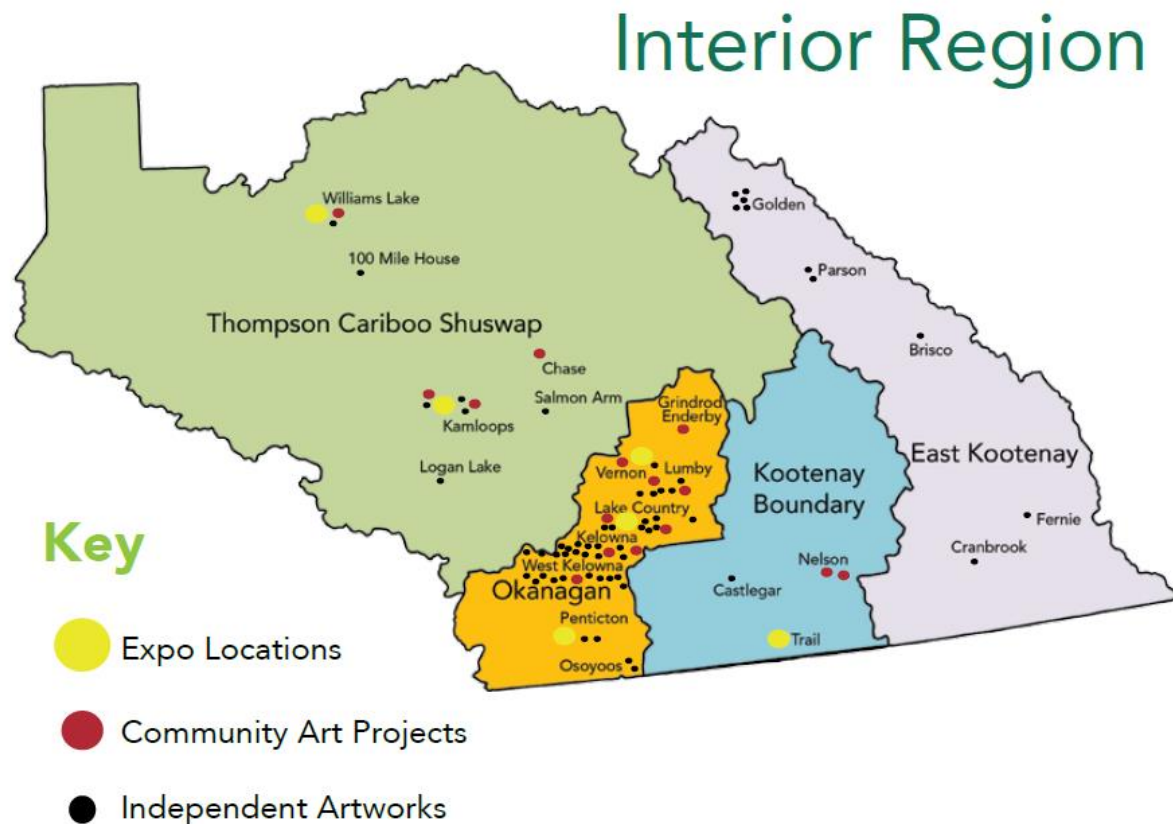


Thank you from the bottom of our hearts to the independent artists who graciously donated twenty-five art pieces to the community. **Wow!**

Also thank you to the work of the dedicated community artists. Forty sets from the community art projects were also donated.



The Breastfeeding Art Expo included art from many locations all across Interior Health region. The Expo travelled to 6 locations: Kelowna, Vernon, Penticton Indian Band, Trail, Williams Lake and Kamloops. So it is fitting, that the art has been donated to many locations across the region. The legacy of the heart and soul of this Art Expo lives on!



Donation Locations*

Chase – Adams Lake Band, Health Services

Clearwater – Clearwater Health Centre

Castlegar – Castlegar Health Centre

Cranbrook – Cranbrook Health Centre

Enderby – Enderby Health Centre

Fernie – Elk Valley Hospital and Health Centre

Golden – Golden Health Centre

Grand Forks – Boundary Community Health Centre

Kamloops

Kamloops Public Health Unit

Lii Michif Otipemisiwak Family and Community Services

Thompson Rivers University, Microbiology Department

Williams Lake Hospital

Kelowna

Interior Health, Community Health Services Centre

KCR Community Resources (KCR)

Kelowna Public Library

Mamas to Mamas

Perinatal Mood Disorder Awareness

University of British Columbia Okanagan, School of Nursing

Lumby – Lumby Health Centre

Merritt – Nicola Valley Health Centre

Nelson

Apple Tree Maternity

Kootenay Kids

Nelson Health Centre

Oliver – Oliver Health Centre

Penticton

Penticton Indian Band Health Centre

Penticton Health Centre

Penticton Regional Hospital

Princeton – Princeton Health Centre

Revelstoke – Revelstoke Health Centre

Salmon Arm

Salmon Arm Health Centre

Shuswap Midwifery

San Diego – Global Breastfeeding Alliance, UCLA

Sparwood – Sparwood Health Centre

Trail – KIRO Health Centre

Vernon

Okanagan Indian Band, Health Department

Vernon Pregnancy Outreach, Vernon Friendship Centre

Vancouver – Vancouver Foundation

Williams Lake:

Cariboo Friendship Centre, Pregnancy Outreach

Cariboo Memorial Hospital

*In some of these locations the art has not yet been installed



↑ ○ Public Health Nursing
→ ● Heart Function Clinic
→ ● Group Rooms



Donated to Interior Health, Community Health & Services Centre, Kelowna: *Down by the Lake*, Community Project, Lead Artist Sarah Parsons



A Breastfeeding Art Expo Community Art Project

Down by the Lake

Mixed Media Lead Artist: Sarah Parsons

Watch the short project video at www.breastfeedingartexpo.ca

West Kelowna parents and caregivers journaled their breastfeeding experiences, and children participated in breastfeeding art workshops. This painting is the Artist's collage of the photographs, sketches, words and messages from the parents and children.



**BREASTFEEDING
ART EXPO**

June 2017-June 2018

INFLUENCING CHANGE THROUGH ART

www.breastfeedingartexpo.ca



Interior Health
Every person matters

What does the Breastfeeding Art Expo and Jillian Harris have in common?

YOU'VE GOT THIS,
Mama
#YGT MAMA

THE PODCAST

Episode 16
Giving Back to
the Mamas

With - Shannon Christensen,
Koa Hughes &
Celebrity Guest Jillian Harris

The image is a promotional graphic for a podcast. It features a central portrait of a woman with long dark hair and red lipstick, smiling. To her left are two smaller portrait photos of other women. The background is a light, textured beige with gold-colored dots. A pink microphone icon is positioned above the central portrait. The text 'YOU'VE GOT THIS, Mama' is prominently displayed at the top, with 'Mama' in a large, pink, cursive font. Below this is the hashtag '#YGT MAMA' in yellow and green. The words 'THE PODCAST' are written in a simple, black, sans-serif font. A pink, watercolor-style brushstroke contains the episode title 'Episode 16 Giving Back to the Mamas'. At the bottom, the names of the hosts and guest are listed in a black, serif font.

We are thrilled to have two amazing *Nourish* busts, by Lead Artists, Angela Hansen and Farah Canuel: donated to Mamas for Mamas, Head Office, Kelowna.

Ask to see them if you have a chance to visit their office! The *Nourish* busts are hanging amongst the stunning décor designed by interior designer Jillian Harris, best known from the *Bachelor* and *Bachelorette* and *Love it or List it Vancouver*.



Donation of two *Nourish* busts, Community Project, Lead Artists Angela Hansen and Farah Canuel, to Mamas to Mamas, Kelowna

Mamas for Mamas
@mamasformamaskelowna

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Mamas for Mamas
August 3, 2018 · 🌐

We celebrate world breastfeeding week to shed light on the fact that in many places in the world, it is either socially unacceptable or outright not allowed/illegal to breastfeed in public. It's just as much for men and women alike to realize that there should be NO stigma around feeding our babies, however that may be. #fedisbest and as long as our focus in on the wellbeing of the mama and baby we will always come out on top ❤️ #freethenipplemovement @ Mamas for Mamas

be BRAVE

Pages Liked by This Page

- Kelowna Community Food Bank
- Inn from the Cold - Kelowna
- Memories by Michelle Photograp...
- Delta Hotels by Marriott Grand O...
- 100 Men Who Care

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Facebook © 2019

See more of Mamas for Mamas on Facebook

Donated to Apple
Tree Maternity,
Nelson: *Connection* by
Lynne Grillmair.



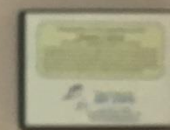


Donated to Apple Tree Maternity in Nelson by Erica Konrad: *Mama Love*, encaustic on wood. This piece was inspired in part by the Breastfeeding Art Expo.





Donated to Kamloops Public Health: Community Project *First Moments*, Lead Artist April Mazzelli. Future plans may include donation to new Royal Inland Hospital maternity wing.

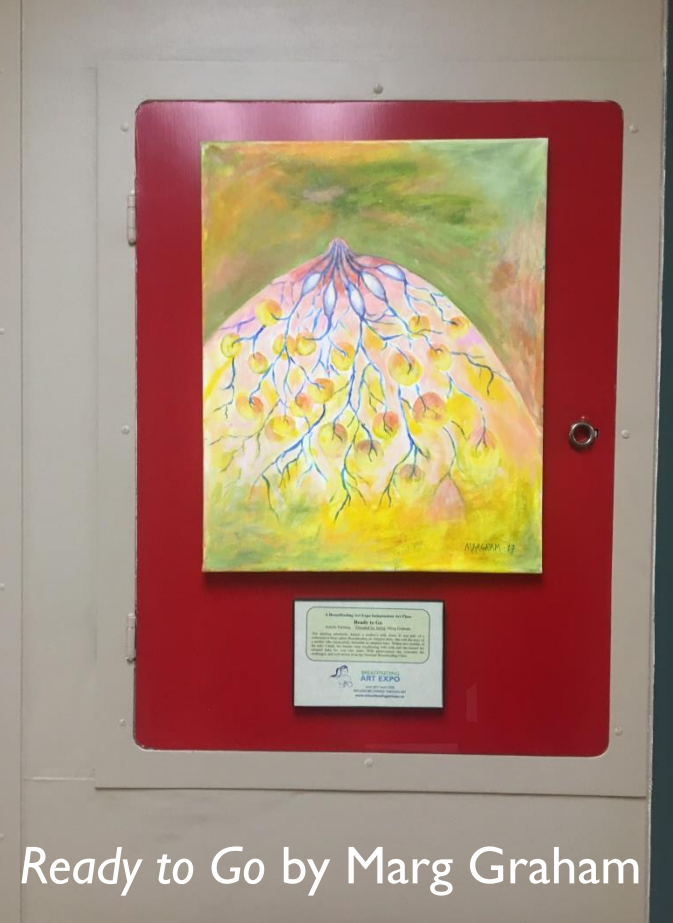


Immunity Unlocked by Rick Durand donated to
Castlegar Health Centre

Two more donations to
Castlegaar Health Centre:



*Twins from Baring Our
Breasts Community
Project by Angela Safire
Jones*



Ready to Go by Marg Graham



Donated to
Clearwater Health
Centre: *Breastfeeding
in Focus* (1 of 7)
Community Project,
Lead Artist Renée
Leveille.



Donations to
Golden Health
Centre:
Naturally Nursing
by Enid
Petherick
&
Set of 4 of 24 of
student panels,
Revealing Truth
Community
Project, Lead
Artist Erica
Konrad



A Breastfeeding Art Expo Independent Art Piece
Naturally Nourish
 Available on Canvas, Stretched No. Artist David Fitzpatrick

I happened on this technique and over the years it has been in the forefront of my mind. I wanted to share this with you and hope you will love it as much as I do. This is a beautiful and simple way to create a piece of art that is both meaningful and beautiful. It is a simple way to create a piece of art that is both meaningful and beautiful. It is a simple way to create a piece of art that is both meaningful and beautiful. It is a simple way to create a piece of art that is both meaningful and beautiful.

BREASTFEEDING ART EXPO
 June 2017 - June 2018
 www.breastfeedingartexpo.ca

A Breastfeeding Art Expo Community Art Project
Revealing Truth
 Breastfeeding is a natural process. It is a beautiful and simple way to create a piece of art that is both meaningful and beautiful. It is a simple way to create a piece of art that is both meaningful and beautiful. It is a simple way to create a piece of art that is both meaningful and beautiful. It is a simple way to create a piece of art that is both meaningful and beautiful.

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KCR
 Kitchener Community Resource Centre

Donation to Vernon
Friendship Centre, 1 of 7
panels from *Breastfeeding
In Focus* Community
Project,
Lead
Artist
Renée
Leveille



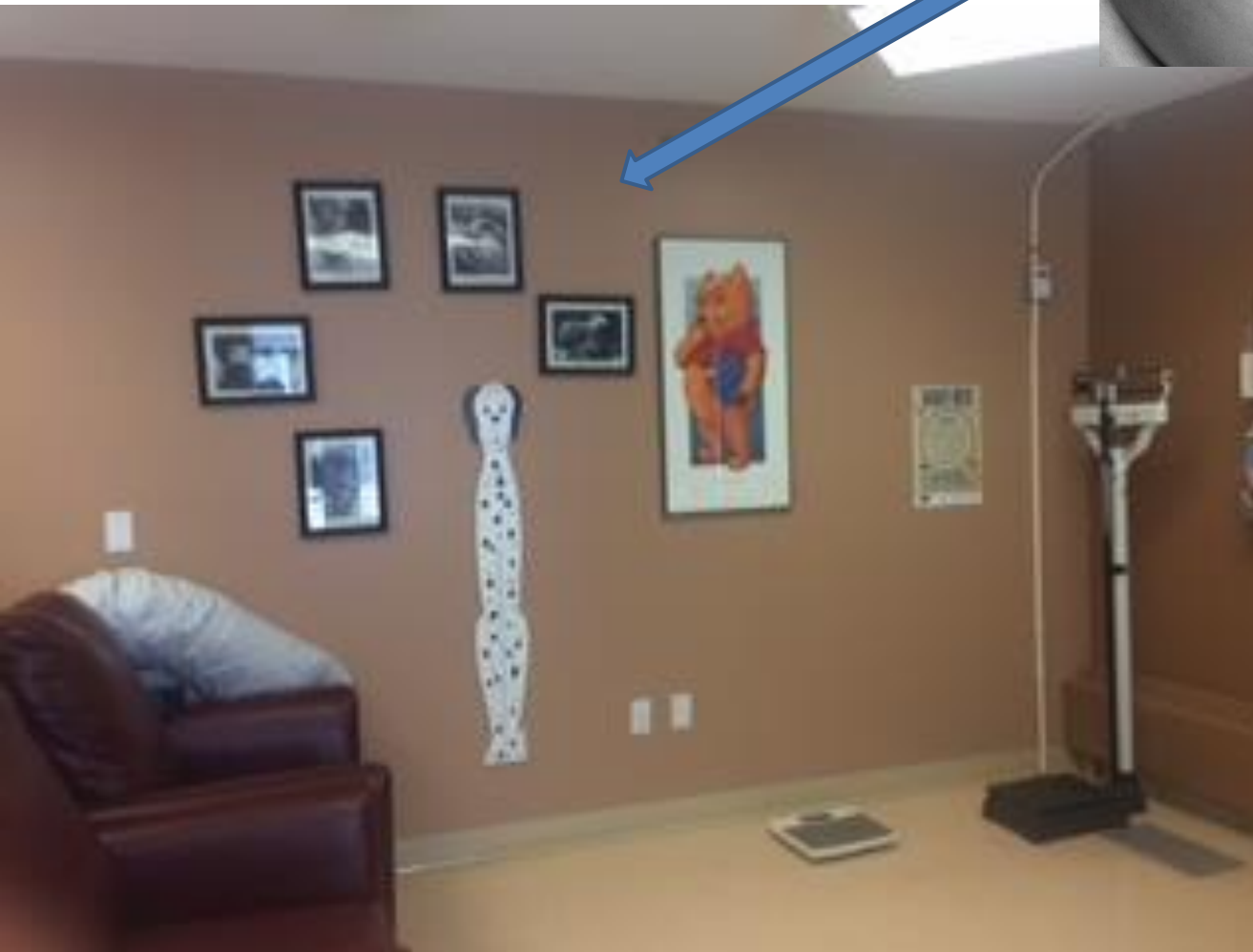


Donated to Nelson Health Centre: *Home is Where the Hearth Is* bust from Community Project *Baring Our Breasts*, Lead Artist Angela Safire Jones & *Breastfeeding in Focus* (1 of 7) Community Project, Lead Artist Renée Leveille

Donated to
Kootenay
Kids:
*Revealing
Truth*
Community
Project, Lead
Artist Erica
Konrad,
Artist Piece.
Not shown:
6/24 S Set of
4 of 24 of
student
panels.



*Milk Donated by Giovanni Vidotto to Cranbrook Health Centre
(added to this photo collection)*





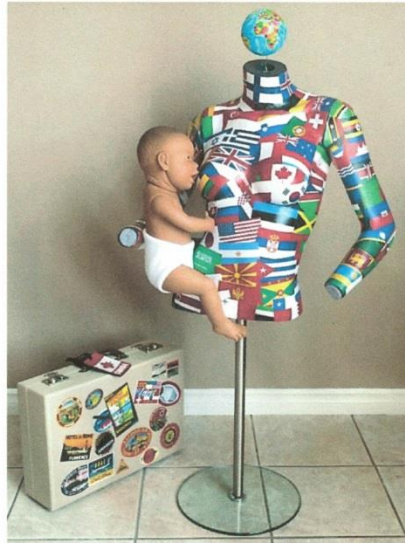
Have Breast will Travel, donated by Rick Durand to Global Lactation Alliance, University of California Los Angeles (UCLA) – San Diego. This piece is on travelling display around the globe!



Have Breast will Travel

Donated by Artist: Rick Durand, Canada
Mixed Media on Manikin

My wife and I travelled the world with our breastfeeding babies hassle free, and we were never homesick for them. To feel comfortable to breastfeed while travelling one must be supported to breastfeed at home.



The front of the manikin and front of the arms:

The large nation flags represent the top 50 countries with the best ranking from the 2015 Save the Children *Mothers' Index*. Breastfeeding hospital policies that support mothers to breastfeed have a significant impact on mother and child health. The nations with the highest ranking are placed at the top (neck area), and the flags of the nations with lower ranking are placed below in descending order. The Nordic countries ranked the best. They have strong breastfeeding policies and high duration rates combined with excellence in overall maternal health, children's well-being, and educational, economic and political status. Canada ranked 20th and the United States ranked 33rd; both have improvements to make.

The back of the manikin:

These flags are the countries that were ranked 51st to 121st. Some of these countries had high breastfeeding rates, such as Rwanda, but ranked poorly in other areas of the *Mothers' Index*.



**BREASTFEEDING
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2017 - 2018

INFLUENCING CHANGE THROUGH ART
www.breastfeedingartexpo.ca

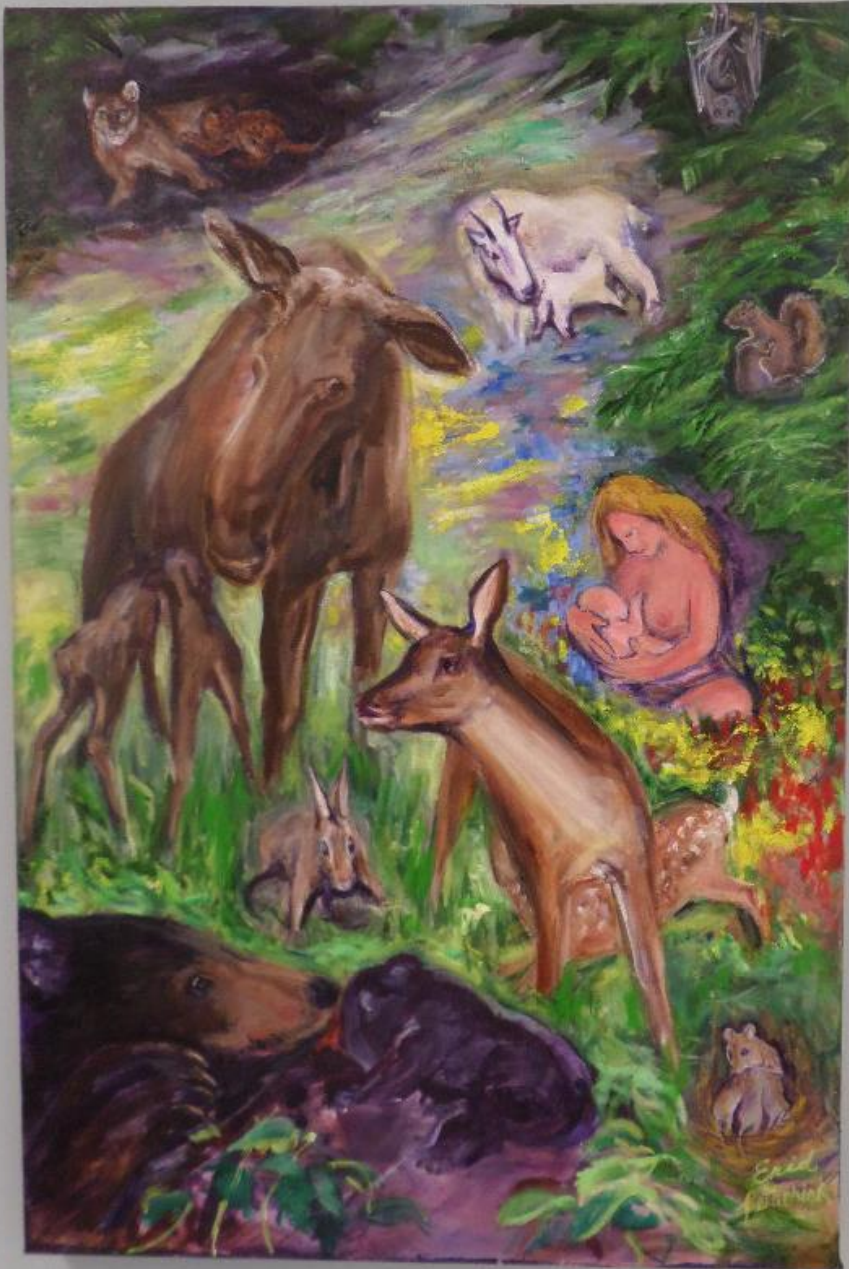


Donated to Sparwood Health Centre: Community Project *In Good Hands*, Lead Artist Shannon Wilson.



Donated to Princeton Health Centre: *Our Mammal World* by Enid Petherick





A Brewholding, 1000g, 1000g, 1000g, 1000g
The Mountain World
by Anna-Lisa Lind, 2011, Oil on Canvas
The artist has been living in the mountains since 1998. She has been painting and writing about the mountains since then. She has been painting and writing about the mountains since then. She has been painting and writing about the mountains since then.

 **2011 MOUNTAIN ART EXPO**
October 13-15, 2011
1000g, 1000g, 1000g, 1000g
www.mountainartexpo.com

Donated to Nicola Valley Health Centre, Merritt:
Fabric of Motherhood, Lead Artist Karen Irvine





Donated to KCR Community Resources: *Cultural Expressions*, Community Project, Lead Artists Fiona Neal and Cheryl Hann. The painting is displayed upstairs in the new reception area.



Donated to KCR Community Resources: *Nourish*, Community Project, Lead Artists Angela Hansen and Farah Canuel. These photographs of the original busts are displayed at the KCR Family Services and Adoption Area. Two of the original sculptures are displayed at Mamas to Mamas, Kelowna.



Donated to Breastfeeding Room in Interior Health Community Health & Services Centre, Kelowna: *Rhapsody in Blue* by Arlen Jacobs



Donated to Salmon Arm Health Centre:
Lace from Community Project Baring Our Breasts, Lead Artist Angela Safire Jones &
Breastfeeding in Focus (1 of 7) Community Project, Lead Artist Renée Leveille





Donated to Trail KIRO Health Centre:
Set of 4 of 24 of student panels, *Revealing Truth* Community
Project, Lead Artist Erica Konrad
&
Watchful Eye by Enid Petherick

Donated to Thompson Rivers University Department of Biological Sciences. These art pieces from the Community Project *Human Milk Project*, Lead Artist Maureen Smith, will have a permanent installation home at TRU location to be determined by Fall 2019.



Donations to Lumby Health Centre: *Breastfeeding in Focus* (1 of 7) Community Project, Lead Artist Renée Leveille & Set of 4 of 24 of student panels, *Revealing Truth* Community Project, Lead Artist Erica Konrad





Donated to Perinatal Mood
Disorder Awareness Ltd:
Community Project *Pillars of
Support*, Lead Artist
Tascheleia Marangoni.

Donated to Enderby Health Centre: Community Project *Go with the Flow*, Lead Artists Cathy Stubington and Mary Anne Domarchuk.





Donated on temporary display April through June, 2019, to Kelowna Public Library, downtown Kelowna. Future display location to be determined.

3 of 7 busts from Community Project *Baring Our Breasts*, Lead Artist Angela Safire Jones



A Breastfeeding Art Expo Community Art Project

The Breastfeeding Art Expo toured across the Okanagan, Kootenays and Thompson Cariboo from 2017-2018. There were 145 art pieces including 15 large community pieces, 65 independent artworks and 21 videos contributed by 75 artists. For more information about this one-of-a-kind art expo go to www.breastfeedingartexpo.ca and view some of the videos. **Please help yourself to a FREE catalogue.**

Medium: Plaster Life-Size Cast and Mixed Media

Project: Baring Our Breasts **Lead Artist:** Angela Safire Jones
Watch the short project video at www.breastfeedingartexpo.ca

For this project, six women and one man in the Nelson area told their breastfeeding stories and were casted. Then different artists interpreted their stories and decorated the casts. We are very pleased to have on display at the Kelowna Downtown Library three of the seven busts. The feature of this collection is the beautiful centrally placed bust called *The Source*—where the breastfeeding mother and her story were interpreted by an Indigenous artist, Rebecca Bessette. Many mothers who have babies born early or with special needs support their babies by pumping their breasts—*Sweet Nectar* is a tender look at the pumping experience, and *Mama's Milk* shows dad feeding mom's expressed human milk to their baby.



**BREASTFEEDING
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INFLUENCING CHANGE
THROUGH ART
www.breastfeedingartexpo.ca



A Breastfeeding Art Expo Community Art Project

Baring our Breasts

Mama's Milk

Artist: Nathan Stewart

Dad's Story: *Our son was born two months early and he required a feeding tube while hospitalized. Mom was pumping milk as soon as it started to flow; and I helped with feeding and holding him. It took our son some time to have the stamina to feed, from either the breast or bottle. It wasn't easy having to be in the nursery for a month, but it enabled all of us to bond together.*

The Source

Artist: Rebecca Bessette

Mom's Story: *Breastfeeding is a gift to the mother, it forces us to slow down and be present with our precious children. I strongly encourage all new mothers to breastfeed in any capacity, there is no wrong way. Your body and the baby have an incredible symbiotic relationship enabling the proper amount of milk to be produced at every moment and stage of development.*

Sweet Nectar

Artist: Nicole Hobbs

Mom's Story: *An action as simple as breastfeeding was a challenge and then an incredible experience. It is one of the greatest physical contacts that creates the most old and natural bond between a mother and a baby. It is a relief to have a breast pump, and know that I can extract, save and store milk.*

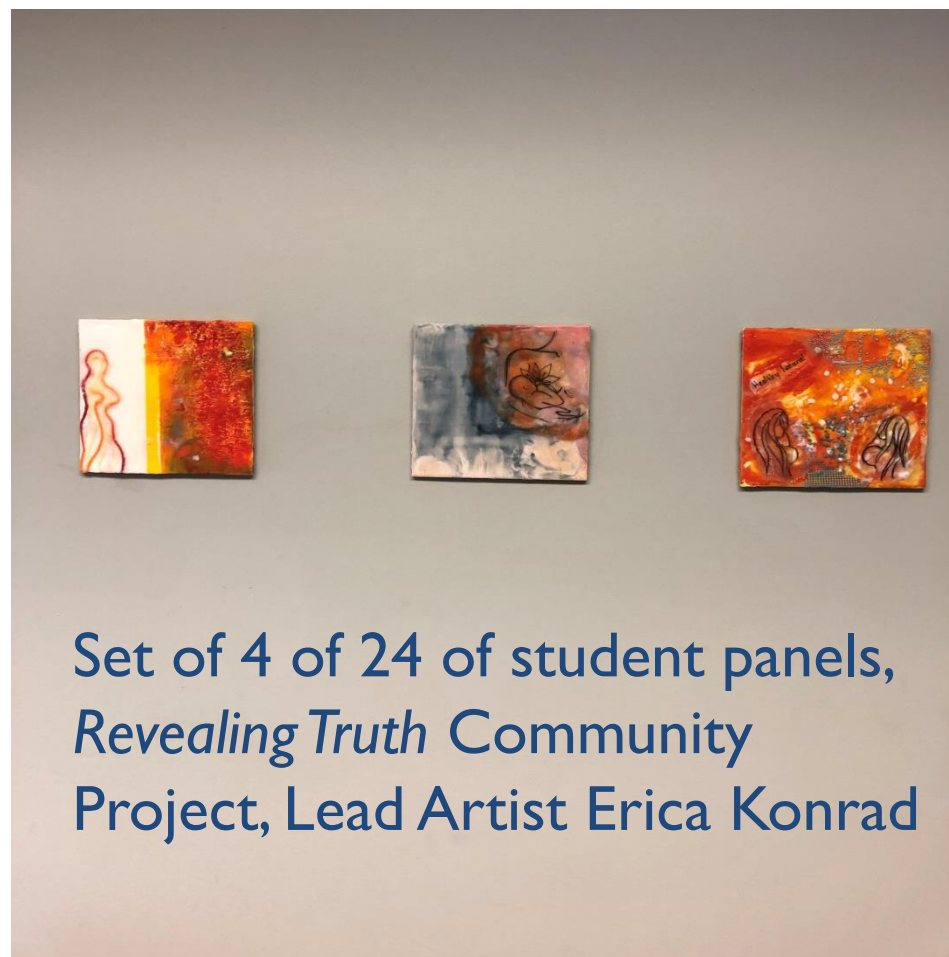
Mother's Love by Parboni Ghosh

Donated by Artist and Breastfeeding Art Expo to Oliver Health Centre.



Donations to Grand Forks Health Centre:

Breastfeeding in Focus (1 of 7)
Community Project, Lead Artist
Renée Leveille (on left)



Set of 4 of 24 of student panels,
Revealing Truth Community
Project, Lead Artist Erica Konrad



Rock-a-bye Baby donated
by Glenna Turnbull to
Grand Forks Health
Centre.



Generation to Generation donated by
Pat Raphael Derrickson and
Breastfeeding Art Expo to
Penticton Indian Band Health
Department



Photo credit: ArconArchitecture.ca



Donation to the Central Okanagan Family Hub:

- *Picnic Baby Style* donated by artist Linda Toews.
- *Nurturing Community*, Lead Artist Paulina Otylia Niechcial, one of three photographic sets.



Donated to University of British Columbia-Okanagan School of Nursing. *Herculean Ordeal* by Jenny Long. It is displayed on the 2nd floor of the Critical and Creative Studies building (see next slide), frequented by all nursing students.





Herculean Ordeal

Artist: Jenny Long
Acrylic on cradled panel



This painting came from a discussion with several courageous mothers whose dreams and strong desire to breastfeed were shattered despite their months of determined efforts. Here are their words: *There was no option in my head other than to breastfeed, so it was devastating; I felt like this horrible parent with faulty boobs (now I know, I had insufficient glandular tissue); I had no skin-to-skin for ten hours, then he wouldn't latch; I felt paralyzed and angry when breastfeeding was not working; I got so much conflicting advice; it is a very big deal when breastfeeding doesn't happen; I didn't get help with formula feeding; emotionally draining; I felt I was judged; In the end we found our own way, but it was not easy.*

THIS PAINTING IS A CALL TO ACTION

When a baby is born, positive and loving support to mothers is essential to make breastfeeding work. This support happens when hospitals and health centres have strong breastfeeding policies. The World Health Organization 10 Steps outline best practices for hospitals and health facilities. For example, when a baby is put skin-to-skin on a mother's chest within a half hour of birth and has uninterrupted time with her mother, research shows this helps establish a good latch for early and easier breastfeeding.



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www.breastfeedingartexpo.ca
Watch the videos on the website!



Other Art Pieces Donated

Sorry, we were unable to obtain photos of all the art pieces displayed in their new locations, or the pieces are still to be installed.

Fabric of Motherhood, Lead Artist Karen Irvine: Two of the other three sets have been donated to:

- 1) William Lake Cariboo Friendship Centre
- 2) Williams Lake Hospital

The following pieces were donated to the Kamloops Health Centre and/or Breastfeeding Clinic:

Breast Crawl donated by Rick Durand

Importance of Breastfeeding Signs (two), art work by Lucas Glenn

Just Before we Latch and *We Match* donated by Lynn Capling and Patsy Granberg of Williams Lake also donated a multimedia piece, *Mother and the Triple Moon*, both for the Williams Lake Cariboo Hospital

The Milky Way by Kelly Shpeley from *Baring Our Breasts* Community project with Lead Artist Angela Safire Jones was donated to the Busted Project, Nelson

Other Art Pieces Donated (continued):

The other 2 sets of 3 of *Nurturing Community*, Lead Artist Paulina Otylia Niechcial, were donated to : Michif Otipemisiwak Family and Community Services, Kamloops and Okanagan Indian Band Health Centre, near Vernon

Traditional Spirit, Lead Artist Tania Willard, donated to Adams Lake Band Health Centre, near Chase

Dear New Mom was donated by Selina Metcalfe to the Shuswap Midwifery, Salmon Arm

Donated to Revelstoke Health Centre: *Breastfeeding in Focus* (1 of 7) Community Project, Lead Artist Renée Leveille

Now and Then by Dianne Postman and *Dad's Gift* by Rick Durand: Donated by the artists to Penticton, South Okanagan Maternity Centre

A Family Affair donated by Maureen Warner to the Vancouver Foundation, Vancouver office

Other art pieces donated (continued):

Future Donations

Love Poured In donated by Audrey Borland and Rachel Jacobs will be donated to the first Human Milk Bank established in Interior Health.

East African Mothers by Stan Meldrum is being considered for a university African Studies program.

Ten Steps and *It's the Law Signs* to be donated to BFI accredited facility within Interior Health.

Liquid Gold by L'Wren Farkas is in process to be donated to Fernie location.

DONATION OF ART CATALOGUES

At the completion of the Breastfeeding Art Expo, remaining Art Catalogues were donated to a variety of organizations and libraries including the recipients of the donated arts.

500 were distributed at the International Lactation Consultant Association Conference in Portland Oregon



The art catalogues have travelled all over the world!

Memories and Resources from the Breastfeeding Art Expo Website & Media

BREASTFEEDING ART EXPO

HOME

EVENTS

ART CATALOGUE

RESOURCES

MEDIA

SURVEY



RESOURCES

Art Catalogue

Art Price List

Videos

Teacher's Guide

All Resources

www.breastfeedingartexpo.ca

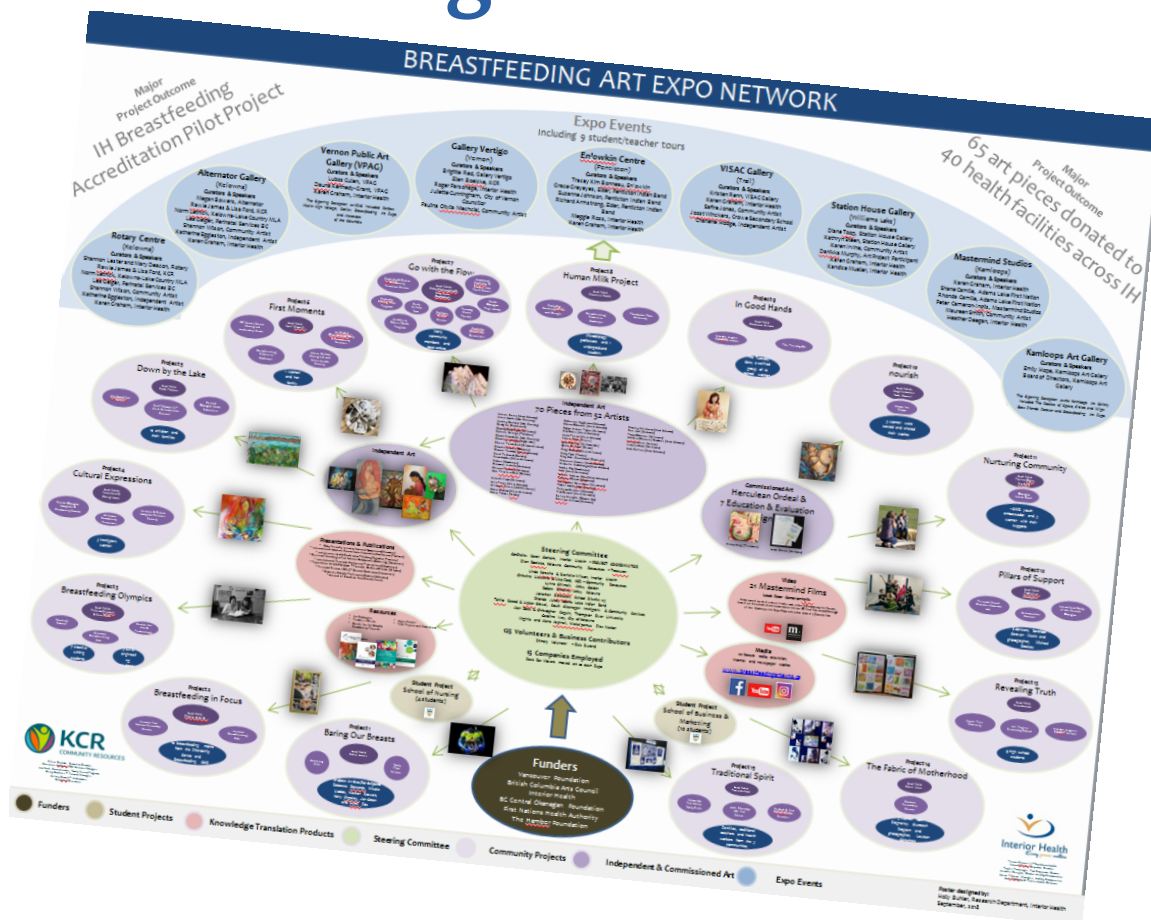
- **Online worldwide Expo!**

Read the Evaluation & Final Report



Check out the Network Map at breastfeedingartexpo.ca

It is awesome, but you need to view it online so you can enlarge it to see all the detail!



IMPORTANT OUTCOMES Highlights

- Thanks to many years of commitment by maternal health employees and the broad discussions that happened during the Breastfeeding Art Expo: Interior Health is now moving forward with a pilot project in Penticton to attain Breastfeeding Accreditation (Baby Friendly Initiative) for the Penticton Hospital, Penticton Health Centre and Penticton Indian Band. This will be the first time for this collaboration in Canada.
- Penticton Hospital received funding in Feb 2019 from the Breastfeeding Committee of Canada to participate in a national breastfeeding BFI project.
- KCR Community Resources received further Vancouver Foundation funding in Feb 2019 for a Breastfeeding Support Project.

STAY TUNED FOR MORE DETAILS as these projects roll out.

Thank you to past PROJECT FUNDERS

vancouver foundation



BRITISH
COLUMBIA



BRITISH COLUMBIA
ARTS COUNCIL

An agency of the Province of British Columbia



Interior Health
Every person matters



— CENTRAL OKANAGAN —
FOUNDATION

empowering generations to give.



First Nations Health Authority
Health through wellness



THE HAMBER
FOUNDATION