

About the Artists

About the Artists

Brandy Barry-Wyatt



Linda the Giraffe

At eight years old, Brandy would draw horses all day and night. Brandy's grade school art teacher, Francis Fine, gave her advice that still rings true: "With art, your biggest mistakes are sometimes your greatest work." Brandy studied 2D and 3D animation at the Centre for Arts and Technology and creates chalk menu boards and signs, commissioned paintings, and wall art and graffiti. Currently, she works mostly in acrylics and brings animals to life.

Website: www.facebook.com/BBWArt/?ref=page_internal

Kim Bauer



Lost and Found

Kim is a self-taught mixed-media artist and a lifelong crafter, with a background in interior design. Inspired by nature, she believes in leaving a light footprint. She creates primarily with thrifted or found materials, and enjoys exploring different techniques and mediums. Kim is continually learning and evolving as an artist. She lives in the beautiful Okanagan Valley with her husband and son.

Website: www.facebook.com/FrayedNestStudio

Michael Breakey



Burrowing Owl Vineyard

Michael was the photographer for the Photovoice for Community Art Project *Pillars of Support*. Originally from Quebec City, Michael is a fine art photographer based in Kelowna. He has been a freelancer for newspapers, teaches workshops, and is an active volunteer in several professional associations, including the Canadian Association for Photographic Art. Michael's passions are landscape and available light portraiture.

Website: www.michaelbreakey.com

Urbania (Bonnie) Bruckner



Collection on a Saw

I am married and love to spend time with family and friends. I have enjoyed artistic pursuits, including the creation of dollhouses, miniatures, and individual dioramas. Virtually every part of the dioramas I build myself. I have a miniature saw and I work a lot with different types of material such as clay, polymers, threads, leather, cotton, etc. If you are a creative person, doll house creations can be very rewarding. Over the years I have found it to be a very relaxing and enjoyable pastime.

About the Artists

Audrey Borland



Nexus Door Knocker

Audrey is both an engineer and a social activist, which has led her to a position aiding educational improvements for youth. She enjoys the outdoors and traveling with her loved ones. Audrey tries to take the time to appreciate the beauty that surrounds us and to capture a few images, such as the one above, a door knocker in Naxos, Greece.

Farah Canuel



Emerging

Farah Canuel is an artist living and working in Kelowna, BC. She has a BFA and B.Ed. from University of British Columbia. She works in a painterly manner using mediums that are non-traditional, like thin set and faux fur, as well as more traditional mediums like acrylic and encaustic. Conflicted by the argument of when intent is imbedded in art, before or after its creation, she consciously chooses to work in two ways by either inserting meaning and intent at conception, or allowing it to develop within each painting.

Website: www.farahcanuel.com

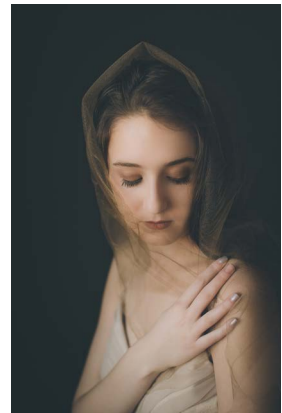
Lynn Capling



Solar Power

Lynn is best known in Williams Lake for her stone and silver jewelry, but she also enjoys painting, gardening, and fiber arts of all kinds. Most of her paintings are acrylics and the Breastfeeding Expo gave her the incentive to try portraits. She and her sister Sandy, just completed a show at the Station House Gallery in Williams Lake which celebrated the night sky in paintings. Recently retired from teaching math and science, she now has more time to paint and enjoy her granddaughter.

Laureen Carruthers



Quiet Focus

Lauren was the photographer for the *Fabric of Motherhood* Community Art Project in Williams Lake. Always interested in photography, her professional career was inspired by taking one-of-a-kind images of her three beautiful boys. She is a passionate and creative artist who captures the essence of her clients through the lens of her camera. Ongoing study and experimentation allow Laureen to create photographs that exceed the expectations of her clients.

Website: www.laureencarruthersphotography.com

About the Artists

Walt Collins



Sandpiper Beach, Hornby Island

Walt is a self-taught artist. As a child he painted a mural on his bedroom wall with felt pens – and he's never stopped creating. Walt works in a variety of styles and media. He creates striking sculptures from materials such as soapstone, alabaster wonder stone and chlorite. He also paints original large murals for buildings, paintings, and portraiture of humans and pets.

Contact: waltercollins195808@yahoo.com

Arlene Currie (Plumpton)



Reflections of Spring

Arlene has a degree in Art Education and a diploma in Art & Design from the University of British Columbia. She is drawn to vibrant colours and pushes visual boundaries by using edgy and engaging compositions. She works in oils, acrylics and watercolours. She says, "Just the idea that a picture could tell a thousand words beckons me to paint." Her creativity includes poetry, interior design, hair styling, and she teaches art to children and young adults.

Contact: arlenecurrie@gmail.com

Pat Raphael Derrickson



Message from the Universe

Drawing since childhood, Pat completed the two year National Aboriginal Professional Artist Training program at En'owkin Centre at Penticton Indian Band. This program attracts Indigenous artists from across Canada and includes storytelling, performance and different art mediums. Pat enjoys multi-media, sculpture, leather, painting and ink. Her work is sold at Suk'wtemsqilt'w West Kelowna Arts Council (SWAT).

Jane Tevelein Doel



Bugaboos Snowpatch

A Columbia Valley ceramic artist, Jane has had several solo shows, has been juried into B.C. Festival of Arts four times, and has attended a residency at the Banff Centre. Her work is in numerous private collections, and a 2010 CKCA Major Projects grant allowed Jane, together with artist Marty Ryan, to collaborate on Embodiment, a series of women's torsos, paying tribute to victims of violence. Presently working on raku-fired tile paintings, she also gives clay and raku firing workshops.

Contact: janetevelein@gmail.com

About the Artists

Mary Anne Domarchuk

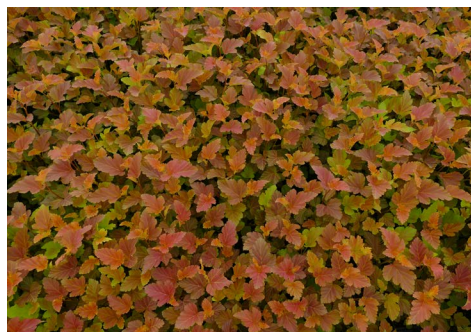


Asparagus Mask

(Made for Runaway Moon Theatre)

Mary Anne has been the Public Health Nurse at the Enderby Community Health Centre since 2002 and has over 20 years experience working with breastfeeding families. Mary Anne also sits on the Board of Runaway Moon Theatre and has participated in Runaway Moon projects every chance she gets since 2004. Mary Anne has been delighted to participate in this progressive project allowing her to bring together her passion for art, breastfeeding and health sciences.

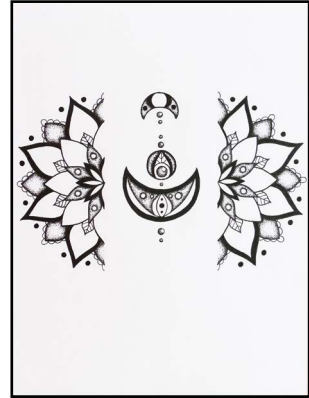
Rick Durand



Amber Jubilee

For 35 years, Rick has been a professional plant breeder of trees, shrubs, perennials, and roses; this artistic pursuit involves selecting plants that have beautiful properties, as well as cold hardiness. Rick bred Amber Jubilee Ninebark that was chosen for Queen Elizabeth II's 60th Anniversary coronation celebration in Canada. He recently redesigned critically acclaimed horticulture guide books. He also won a national award for design of ceramic prairie fruit.

Katherine Eggleston



Sol et Luna

Katherine is a 24 year old self-employed artist, designing various tattoos and art commissions. She was the sole artist on a game entitled *Code Age*, a video game for students wanting to learn computer coding, and assisted on a set of mini-games to help students learn basic Japanese. A graduate of the Fine Arts Program at The University of British Columbia Okanagan, she hopes to enter into the Video Game or Tattoo Industry.

Website: www.keggleston-art.wixsite.com/keggleston-art

Esther



Owl

Esther has always seen the world through an artist's lens, being particularly inspired by still-life and nature, as well as conceptual art. As a young woman, she explored techniques going to art college in Nova Scotia. Now, many years later, she is re-discovering her love of visual arts. She previously lived in Kamloops and has recently moved to the East Kooteney area of BC and hopes to volunteer at her local art gallery in the near future.

About the Artists

L'wren Farkas



Till We Meet Again My Friend

L'wren graduated from the Alberta High School of Fine Arts. She focuses on painting and photography. At the young age of 30 she had a stroke and cervical cancer. Her recovery over the next year put her art work and life on hold. When her daughter was born, there were complications with nursing because of effects of her stroke, but she persevered and was able to successfully breastfeed. Her daughter brought new and amazing joys into her life, and now two years later, she has started to paint, create and craft. She is happiest when she's playing in the mountains or lakeside.

Rebecca Geddes



Elemental Canoe

Rebecca's training includes a Bachelor of Science at UBC, training in counselling, and her Masters of Arts and Cabinetry Certificate from Sydney, Australia. She is presently training to be a midwife. She has taught a combination of science and fine arts, and co-founded and co-directed an arts centre in Sydney Australia that welcomes, encourages and supports all disciplines, backgrounds, abilities and ages to engage in creativity.

Website: www.rebeccageddes.com

Carlene George



Dream Catcher

When Carlene was in high school her Dad taught her how to make dream catchers. Ever since, she has enjoyed art and continues to make dream catchers as well as jewelry and baby teething necklaces. Her Dad had a heart attack and a quadruple bypass while she was 8 months pregnant with her first son. He has recovered and is an inspiration of strength to Carlene. This dream catcher is made from willow, sinew, beads and a hawk feather. She loves butterflies and the two on her dream catcher represent her two sons.

Parboni Ghosh



Buddha

Art is an important part of Parboni's life. She has undergone a junior diploma in fine arts in India. She loves to work on Indian folk style called Madhubani. Traditionally fingers, twigs or matches are used to apply the paint on homemade paper, but she applies some modern techniques such as using brushes. Parboni's husband works at Thompson Rivers University in Kamloops, and she was delighted to participate in the Breastfeeding Art Expo.

About the Artists

Lucas Glenn



Hand-lettered signs

Lucas Glenn is an artist, designer, and self-confessed workhorse 🐎 In his day-to-day, Lucas helps organizations look good and communicate effectively. Crafting hand lettered signs and designing problem-solving visuals are two of his favourite ways to help. Lucas hand-painted the signs shown on pages 2 and 16-19.

Website: www.lucasglenn.ca

Karen Graham



Doodle Art: Jungle

At age 13, Karen completed her first work of art with felt pens: the 1972 Doodle Art, Jungle. Karen's passion of interweaving colours and patterns from doodling, developed into creating collages. She completed her first collage at age 16 to cover her bedroom door! She went on to collect thousands of pictures on many themes and created many collages. The breastfeeding pictures remained in folders but not forgotten, and they became the inspiration for this public Breastfeeding Art Expo; Karen is the Project Coordinator and Principal Curator.

Website: www.karengraham.ca

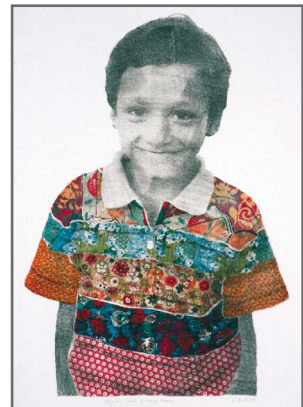
Marg Graham



Ponderosa Pine

Marg is an 87 year old grandmother who breastfed her three children and loves art. She had her first art show, at the Kelowna Rotary Arts Centre glass cases in 2016, a collaborative show with her husband Bill. Marg is a retired nurse who draws and paints in oils, watercolours, acrylics, pencil, pen, pastels and wax (batik). She has enjoyed many crafts – sewing, knitting, and leather work. Marg says "It is my art that is the record of the wonderful places we have lived, worked and travelled around the world."

Victoria Grant



Miguel's Shirt of Many Colours

Vicki graduated from the University of Calgary with degrees in Art History and Fine Art, Photography, and was awarded the Creative Achievement Award. Vicki references art history when contemplating the foundation of her art; often surprising herself when a meaningful piece is completed while enjoying the process of creation. Vicki's experience in health care calls her to artistically investigate sensitive subject matter pertaining to the elderly, women and mental health issues associated with cultural expectations.

Website: www.meaningfulartbyvickigrant.wordpress.com

About the Artists

Lynne Grillmair



Last plein air 2012

Lynne has a degree in Art History from UBC, with updates at the Alberta College of Art and Red Deer College. She started painting full time in 1996, embarking on an artist's journey which allows experimentation rather than commercial production. She enjoys plein air landscape painting. She was the watercolour artist on an Indigenous story book. She has had numerous solo and group art shows and her works have sold privately and to galleries. She also teaches art workshops for students.

Website: www.lynnegrillmair.ca

Sue Hall



Clarinda

Sue's art is inspired by natural materials from the earth, and the places she has lived. In the early 1970's she worked in a weaving studio in Montreal, then opened a weaving store in Vancouver, ultimately turning to commissioned pieces for private collectors. She later became involved with handmade papers and basket weaving and has shown at a variety of art shows.

Website: www.suehallartist.com

Cheryl Hann



Traversing

Cheryl is a self-taught abstract artist who has exhibited in shows across the Okanagan. She is a Registered Nurse with a wide range of integrative training from across North America. She is passionate about the creative process, bringing it into her work in holistic health, stress management and wellness coaching.

Website: www.insightoutoriginals.com

Angela Hansen



Collected Memories

A graduate from Emily Carr College of Art & Design, Angela's work is recognized for its organic-inspired imagery, sculptural qualities, and texture. Her art has been exhibited in the Okanagan, Kootenays, and was recently juried into *In Flawed Abundance*, an encaustic exhibition hosted by the International Encaustic Artists Association. In 2016 she won awards for Technical Excellence and People's Choice at *Waxing Poetic: Encaustic Art in the Okanagan*.

Website: www.angelahansenart.com

About the Artists

Erica Hawkes



Wisdom

Erica studied design at Colorado Institute of Art in Denver and Vancouver Community College. One of her painting styles she calls Cubist Impressionism. She separates the colors of a scene and paints it back in using geometric shapes and lines. Another of her styles she calls Nouveau 7 landscapes, where she borrows elements from the fabulous group of seven in Canada and the beautiful flowing lines of the turn-of-the-century Art Nouveau.

Website: www.hawkesfineart.com

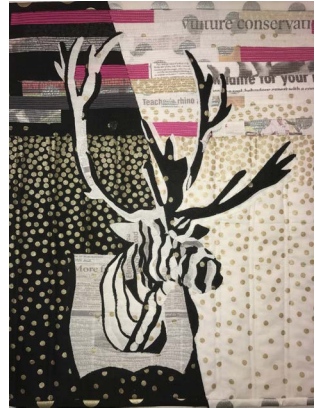
Charlene Hodge



Despair

My first introduction to art was a course I took as a young woman that incorporated art with health healing. Over the years I dabbled with art working primarily in oils and had good sales, but often art took a back seat to my busy family and work. My paintings are reflections of life that intrigue audiences, or deliver an important message. I've recently completed a series of large environmental paintings and in retirement I plan to do more painting, and explore wood and stone carving.

Karen Irvine



Cariboo Caribou

Karen is passionate about quilting and has taken training courses and quilted with the Williams Lake Quilters for 14 years; they make quilts for local families in need. Karen's art quilts have won 1st and 2nd in art shows. Karen is a Registered Nurse, Lamaze Certified Childbirth Educator, Certified Doula, and Certified Lactation Educator and Consultant.

Arlen Jacobs



Prairie Wish

Arlen researches and creates with fervent passion. His most recent projects are a handheld air conditioner for the golf course and an automated nano-brewery. Arlen loves photography and music – his record player and bass guitar are the only things in the house he won't let the children play with.

About the Artists

Rachel Jacobs



Solar Powered Sunflower

Rachel is a problem solver and a trained engineer. She currently travels from The Kootenays to the Cariboo helping sawmills upgrade their electrical equipment. She says it often feels like work interrupts her Okanagan vacation! She loves swimming in our lakes and skiing on our mountains. Lately she's been painting faces and creating colored ice sculptures with her children.

Angela Safire Jones

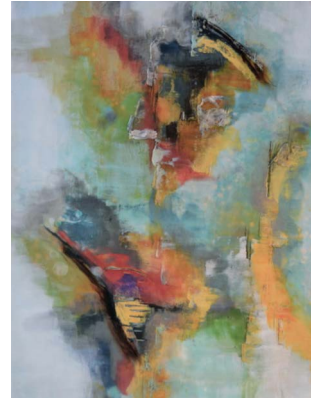


Safire with her Guitar

While working as an Occupational Therapist Assistant in New Zealand, Safire realized the health benefits of play, art and music. She loves to sing and play guitar. She apprenticed with Slocan Valley Animator and puppeteer, David Orcutt. She has performed and facilitated "Art of Play" Programs for children at festivals, schools and events around the world. Her breast cancer community art project called "Busted" involved over 50 women and artists.

Website: www.safirejones.com

Erica Konrad



A Thirsty Crow

Erica is a professional artist working and teaching at several Nelson locations including her Hidden Creek Arts Centre. With a degree in Environmental Studies she interprets scenes from nature in abstract expressionist form, and utilizes non-toxic materials, especially encaustic (beeswax and tree sap). Erica has held nine solo exhibitions, has won several awards, and is published in several print and digital publications.

Website: www.ericakonrad.com

Renée Leveille



Perfection

Renée left her career as a Teacher and graduated from the Western Academy of Photography. She then established Baby Bliss and Wedded Bliss Photography in Vernon and does academic photography training. She has studied different cultures and recently discovered her own Métis heritage. She has developed a unique and compelling style of mentorship and photography.

Website: www.babyblissphotography.ca

About the Artists

Becky Litz



Blossom

Becky is a photographer specializing in birth, newborns, children and families. Her goal is to capture a story and timeless emotions in photographs so that they can be preserved for a lifetime. As a professional photographer, she searches for discrete angles and crisp images.

Website: www.beckylitzphoto.ca

Jenny Long



William S

Jenny has a Fine Arts degree from Okanagan (University) College in Kelowna. She specializes in abstract expressionist portraits. She does commissions and exhibits her work at her own gallery, Little Long Studios, and at Tumbleweed Gallery. She teaches art at wineries and locations around the Okanagan. Live painting is one of her passions – it challenges her to bring her art into a public realm and feeds her need to be inspired by the present moment.

Website: www.jennylongpainting.com

Charla Maarschalk



Photo by Jessica Balfour

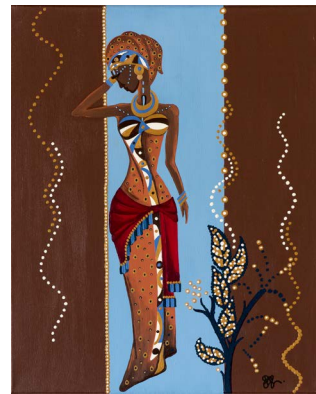


The Kiss

Charla has a Fine Arts degree from University of Calgary. Following a 12 year career as a photographer, and always a painter on the side, she became a dedicated acrylic painter 5 years ago. Now she often photographs the subjects she wants to paint. Charla paints faces, large scale gestural faces that explore the layers of human identity. She does commissions and a large number of art shows including two solo shows.

Website: www.charla.ca

Tascheleia Marangoni



The African Dancer

For 20 years, Tascheleia has taught, performed and choreographed dance including six dance productions. In various dance studios, she teaches ethnic and folk dances, belly dancing and world beat dance. She is trained in Art Therapy and is a mixed media artist, including murals, canvases and calligraphy. In 2012 she was awarded the Queen Elizabeth II Diamond Jubilee Medal for her advocacy work in the area of post-partum depression.

Website: www.tascheleia.com

About the Artists

April Mazzelli



Daisy Love

As a Registered Nurse with specialized breastfeeding training, April follows moms through pregnancy, delivery, and the early months. 15 years ago she took photography classes and began photographing pregnant women and their newborns. April's breastfeeding photographs have been used to promote Breastfeeding Matters in Kamloops. Part of her life journey has been discovering her Métis heritage, and photographing Aboriginal families.

Michelle McCullough



Tree of Courage

Michelle, a self-taught artist, has been creating for 30 years. She currently creates Alcohol Ink Art Tiles. She begins with a non-porous ceramic tile, then applies the high pigment ink with an alcohol base; as she works, the alcohol evaporates, leaving the ink. Michelle loves the way the inks react to each other. She says you can't create two identical pieces due to the chemistry of the inks. She loves to share the healing process that happens when we create art from the heart.

Website: www.art-flow.biz

Stanley Meldrum



Marley

While living in Tanzania, Stan joined the School of Tinga-Tinga in Oyster Bay, Dar es Salaam, and learned the techniques of Tinga-Tinga abstract art. His own unique version of Tinga-Tinga combines with pointillism. He applies the technique with good quality paper and gel pens. Just one piece can have from 400,000 to 5.5 million dots. One mistake can ruin many weeks of painstaking work, yet Stan says his art is a stress reliever.

Website: www.peachlandview.com/tag/meldrum

Selina Metcalfe



Arms of Love

As a professional photographer, Selina's work is focused on, but not limited to, birth story and breastfeeding portraits and documentary, and candid family sessions. Birth and breastfeeding story portraits allow for private capturing of beautiful, emotional and life-changing moments in time. Selina is self-taught and constantly improving with new techniques and collaborations. Her images provide treasured photos that help to tell a family's story.

Website: www.ihanaimages.ca

About the Artists

Nath

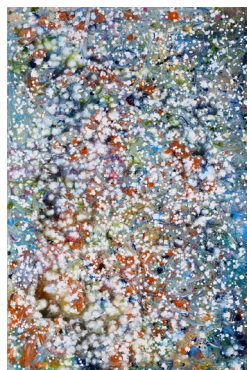


Blasée

Nath is a full-time self-taught artist. Born and raised in France, she was exposed at an early age to Picasso, Miro, Cocteau, Matisse, Dali, Braque and Le Corbusier architecture. She has travelled the world including Canada's north, and her art is influenced by diverse cultures. Her recognizable work has clean lines and is pencil drafted then painted with acrylic on wood. Her works have been displayed in solo and group shows, and some reside in private collections in Canada and France.

Website: www.nathartistcanada.com

Noëlle Nadeau Khoo



Love and Above: Joy

Noëlle is an abstract mixed media painter. She has her Bachelor of Fine Arts from University of British Columbia and diploma in Fine Arts from Langara College in Vancouver. She worked as an artist and taught art for over ten years in Vancouver before returning to the BC interior. Her artwork has been in five solo exhibitions, many group shows and is represented by ARTE Funktional in Kelowna and Vernon, BC. Noëlle feels original art can be healing and transformational.

Website: www.noellenadeaukhoo.ca

Fiona Neal



Odyssey

Fiona is an award-winning abstract artist who mostly works in acrylics. She has a BA in Fine Arts from Sheffield Hallam University. Her work has shown in six solo art shows and many juried Art Exhibitions. Fiona also worked with brain injured adults as an Occupational Therapy Assistant, using art as communication therapy. She is a seasoned facilitator and has developed the popular ART 4 SELF© workshops that links creative art with health benefits.

Website: www.fionanealabstracts.com

Paulina Otylia Niechcial



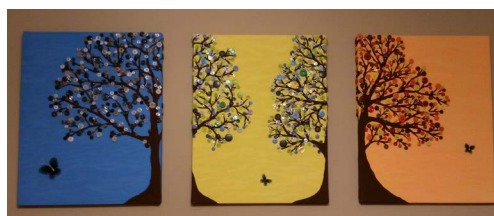
With Child

Paulina is a photographer, outpost nurse, and doula. She works in remote, northern BC First Nations communities. Her role includes providing breastfeeding education and support. Through photography, she helps empower mothers to trust in their bodies and, in turn, many have become breastfeeding champions in their community. She started a photography club in Gitxaala, believing that creative expression can make a powerful contribution to a healthy community. Paulina established Otylia Photography four years ago and specializes in weddings, maternity, babies, children and families.

Website: www.otyliaphotography.com

About the Artists

Katrina Osborne



Grandma Roots

Growing up with a grandmother that created beautiful quilts, Katrina loved how fabric could tell a story or elicit a feeling. At a young age, she created with fabric and tutored other kids in drawing. Later she branched out to pencil, charcoal, acrylics, water colours, photography, sculpting, and mixed media. Creating has extended to repurposing furniture, remodeling houses, gardening and the written word. She is a Technical Writer but is never without an art project on the go.

Tanya Osborne



Wedding Memories

Tanya says, "I am a mother, a wife, a daughter, a sister and a friend." She began scrapbooking 10 years ago as a way to celebrate her friends and family. Due to the time limitations of a young family, she now does online scrapbooking. She also says, "I'm a novice creator, a dabbler in art. When I have more time, I would love to do more art." She has done painting, crocheting, pottery and charcoal sketching, mostly self-taught. She loves animals, and has a special soft spot for rabbits!

Karen Palmer



Bella

Karen has been working and teaching fired stoneware clay since 2001. Studies include the Australian National University's Distance Ceramics Diploma program, and art semesters in Jingdezhen, China and Canberra, Australia. She says, "My art is influenced by instructors from around the world including Greg Daley, Joan Bruneau, Suzanne Wolf and Takashi Usuda."

Website: www.pedaltothemetalpottery.com

Sarah Parsons



Night Windows

Sarah teaches art to adults and children at Studio 113, The Rotary Centre for the Arts in Kelowna. She has exhibited her colourful and whimsical paintings in a variety of art shows. She often creates mixed media art on wood. Her inspiration is the beautiful swirling landscapes of the Okanagan Valley, animals, nature and story-telling. Sarah has coordinated two community-based art events: *Papergirl Kelowna* and the *Birthday Sketch* project.

Website: www.facebook.com/sarahparsonsalt

About the Artists

Julianne Peters



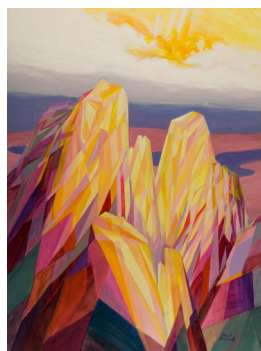
Photo by April Roberts



Sumec – Life/Spirit

Julianne says, “Weyt-k, Tsq’escenemc ell Secwecwpemc ri7, Hello, I am of the Canim Lake People (near 100 Mile House), and a Shuswap Person.” She studied Silk-screen and Sculpture at Thompson Rivers University, otherwise self-taught. Her interest in her First Nations Culture has grown, and she wanted to express her art pieces in this modality. She says, “Traditionally, the Secwepemc (Shuswap) did not practice art as the Coastal First Nations did through totem poles; but we decorated our everyday tools. My art is Neo-Aboriginal Art. It may be similar to other Aboriginal Art, but is unprecedented.” Her career is in the Electrical Trade, yet Art is part of her being.

Enid Petherick



Reverence

As a graduate in Fine Art from the Ontario College of Art, Enid worked at the Royal Ontario Museum as a Diorama Artist, and now lives near Golden. Enid works in acrylic on canvas, masonite panels, and rag paper. Her art follows certain themes such as the destruction and loss she has seen in the valley where she lives with her husband in the BC Rocky Mountains, and celebrates the wild animals that live around their home.

Website: www.enidpetherick.vcn.bc.ca

Dianne Postman



Sunday Picnic

Dianne spends many hours at her easel painting and creating. She explores vibrant colours mainly using acrylics. She says, "Nature provides my inspiration although recently I have been inspired by the 'the old days' using mixed media to tell my stories." Her working career was spent in the BC Pacific Northwest where she exhibited at various galleries. Now living in the Okanagan, she is involved in the local art community both in Peachland and West Kelowna.

Website: www.diannepostman.com

Claudia Punter



Black Capped Chickadee

Claudia paints in acrylics and watercolours, and carves soapstone. Through workshops, she has been inspired by well-known artists. Her work has shown in various galleries, restaurants and wineries throughout the Okanagan Valley and are in the homes of art collectors in Canada and Europe. Claudia's love for people and nature is expressed in her art.

Website: www.claudiapunter.com

About the Artists

Angela Roy



Tanya Lipscomb & Angela Roy



CD Cover: Echoes

Angela does vocals and percussion in her band, Barefoot Caravan. She cowrote the dance music used in the *Pillars of Support* Community Art Project with Tanya Lipscomb of Mama Lion Records. Angela teaches interactive rhythmic and performing arts for K to grade 12 using percussion from around the world. Angela says, "Music and the arts are a gateway to knowing ourselves; a window to the soul. This is why music is so important in the world today."

Website: www.barefootcaravan.ca

Marty Ryan



Thunderstruck

Marty is a painter and also works in copper and bronze. Her water-based oil painting subjects are diverse and include abstract or realism. Her copper works range from large etched and hammered bowls to jewelry, and her famous copper bookmarks. Marty began bronze casting in the 1990s at Red Deer College, and has created unique sculptures.

Website: www.parsonart.ca

Erin Scott



Against charcoal stones, thin white lines spread as veins. Little place markers of rock divots, settlements of salt. Flanking the rocks with runways of tidal strokes, it tastes poor on the tongue but looks sweet as sugar. Without water to infuse with, the salt bakes in the sunshine as remnants of ocean's switchback desire for land.

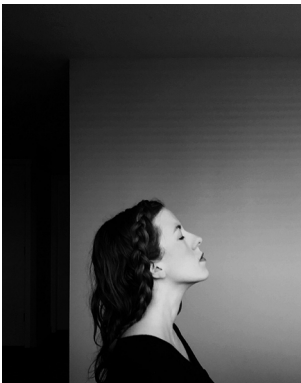
Here, it is all the buoyancy we need to navigate deep waters. To float on.

Ode to Salt

Erin has a Creative Writing degree from University of British Columbia Okanagan. She focuses on performance, community and audience discourse, and sound experimentation. Erin is well known in the Kelowna Spoken Word scene. She has participated in two community development art projects. As a member of the Inspired Word Café collective she helps to organize events and workshops. She is also a freelance performance poet.

Website: www.erinhscott.com

Rebecca Siewert



Self Portrait

Rebecca is a film photographer who specializes in maternity, newborn, and family photo sessions. With her lens she captures families in their natural environment (usually at home) with a photojournalistic approach. Rebecca says, "Film photography is unique in that, unlike digital photography, what you see is what you get, much like live performance. The juxtaposition of photography with written and performed word has a powerful impact."

Website: www.rebeccasiewert.com

About the Artists

Natalie Sky

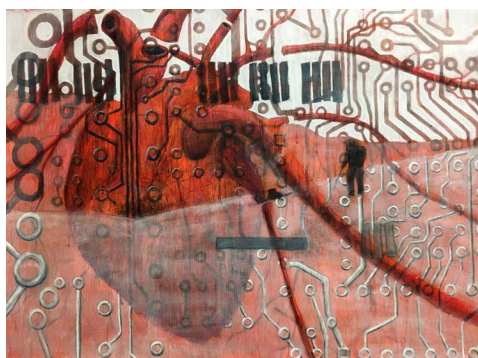


Golden Memories

Natalie has always loved the realm of creativity and the expression of the soul. She says, "I have travelled, graduated, and lived just enough life to know that the creative mind, and pursuing what you are passionate about is important." She started practicing photography in high school and continues to be enthusiastic about it. Natalie's goal is to capture moments and memories in a way in which the viewer sees not just an image, but an instant in time that evokes an emotional response.

Website: www.nataliesky.ca

Maureen Smith



Heart

Maureen pursues symbiotic careers in science and arts. She is a Public Health Nurse who mentors mothers to breastfeed. She is in her 4th year of her Bachelor of Visual Arts from Emily Carr University of Art and Design. Her artistic work is fluidly exploding with experimentation and research into various media and ideas. She says, "Exploring the boundaries beyond culturally acquired medical knowledge is a thicket that has caught my attention."

Cathy Stubington



A Scene from 21 Ways to Make the World Last Longer

Cathy has a MFA in Performance and Interdisciplinary Studies from the University of British Columbia Okanagan. She studied art for two years at the Nova Scotia College of Art and Design, obtained a BA in History from McGill University, and has special training in play therapy and theatre. She won the Okanagan Arts Award in 2012. For 15 years she has been the Artistic Director of Runaway Moon Theatre Arts Society.

Website: www.runawaymoon.org

Kaylyn Leanne Taylor



A Lavender Smile

Kaylyn is a West Kelowna professional photographer specializing in capturing wedding, maternity, birth, newborn and family memories. During a grade 12 photography class she realized her passion for photography and went on to graduate from Centre of Arts and Technology (2010). Ever since, she has been in the Okanagan growing her business while raising her son.

Website: www.kaylynleannephotography.com

About the Artists

Linda Toews



Junkyard Cat

Linda's art is inspired by the beautiful Okanagan with lake and mountain views at every turn. Her preferred mediums are water-based oils, acrylic and more often mixed media. She loves working with resin. Linda hopes that her paintings will bring pleasure, inspiration and colour to those who see them.

Website: www.etsy.com/ca/people/rltoews2

Cherie Toronchuk



Examples from a Series

Having worked extensively with infants, children, and families, Cherie is passionate about early childhood education and development. She obtained her BA in psychology from UBC in 2012, and went on to complete her Master's degree in Child and Youth Care at UVic in 2015. Cherie is interested in finding ways to enhance the health and well-being of children, families, and communities, and hopes to pursue these goals by combining art, research, and education.

Contact: cherietoronchuk@gmail.com

Julia Trops

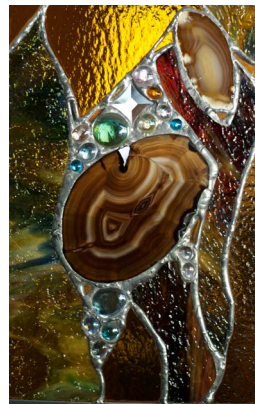


Alexa 9

Julia has a Bachelor of Fine Arts, University of Lethbridge. She draws, paints, photographs, sculpts and writes. Gallery Odin shows her work. She was the Director of the Kelowna Museums, and co-developer of the Okanagan Arts Awards. She is an avid advocate for the arts and founder of Livessence Society for Figurative Artists and Models, Studio 113 Cooperative, Okanagan Erotic Art Show, and Sukwtemsqilxw West Kelowna Arts Council (SWAC).

Website: www.juliatrops.com

Glenna Turnbull



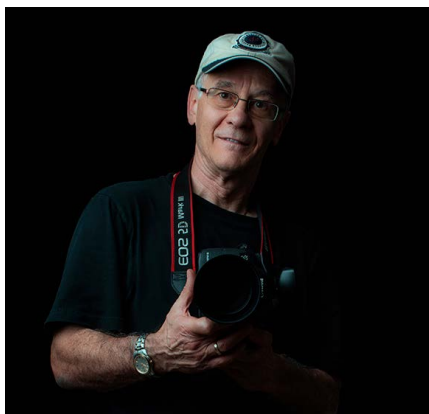
Birthing Rocks

Glenna creates unique stained glass art in her home studio. She draws inspiration from nature and often works outside. The beauty of stained glass is all about light and composition. She incorporates prisms and beveled glass, stones and agates, and customizing pieces using grandma's old crystal dishes or grandpa's favorite Jack Daniels whiskey bottle! She makes feature pieces for windows or walls, sun catchers, tea light holders and seasonable pieces.

Website: www.glassheart.ca

About the Artists

Giovanni Vidotto



Ballerina in Repose

Giovanni's interest is people. He strives for authenticity and seeks to capture not only form, but also soul. Giovanni explores the unvarnished dimensions of human experience and aims to reveal what is genuine and true. His lens seeks the beautiful imperfections, idiosyncrasies and peculiarities that characterize individuals to proclaim that there is no standard of beauty, only a multiplicity.

Website: www.gioklik.ca

Maureen Warner



Girls Beach Day

As a child, Maureen knit and did origami and paper maché. She taught arts and crafts at a summer program for young people and enjoyed it so much that she went into education at U.B.C. She continued crafts while teaching, raising a family, and running her own daycare. Maureen says, "One can only make so many afghans, and when I saw Paverpol sculptures I just had to find out how to make them. I now do Paverpol workshops so others can get hooked too!"

Contact: mwireart@shaw.ca

Verity White



Owl

At only 10 years of age, Verity is interested in many mediums of art, but especially any type of painting and beading. Verity says she is proud of her piece of art because it took her two days to create. Verity is pictured here at 18 months old.

Tania Willard



Basket Rescue Operation

Tania has been a professional practicing artist for over ten years in paint, printmaking, new media, basketry, video, 3D imagery, solar prints, and Indigenous community projects. She draws from a sense of community and social justice as well as aesthetic inspiration from her First Nations background. Tania has had four solo exhibits and exhibited throughout Canada and a few international exhibitions.

Website: www.taniawillard.ca

About the Artists

Jetta Williams



Mad Hatter

Jetta's first sold pieces were wildlife scenes in the 1990's, then she put her pencil down to raise her children, restarting art work in 2010 to study portraiture and forensic art. From 2012-2015, she worked as a forensic artist. Jetta now works in pencil, pastels, acrylics, music sheets and mixed media. Her choice of subject is usually one in which the eyes of the subject can capture the viewer. She now works as a full-time artist.

Website: www.artalive.ca

Sherilyn Williams



Autumn by the Lake

Sherilyn is a mixed media acrylic painter. She uses handmade paper, fabric, string, muslin and found objects. She says, "I have been inspired by many museums and art galleries around the world where I've lived." She was part of the Topanga Artist Community in California. Her formal training was at Fanshawe College, School of Design in London, Ontario. She was commissioned in Canada, the United States, and South Africa.

Contact: shewilliams@shaw.ca

Shannon Wilson

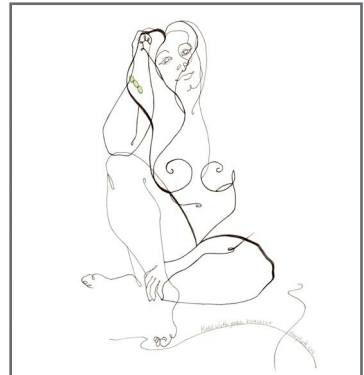


Impressions of Light

Shannon, a graduate from the Capilano University Studio Arts Diploma program, works in ceramics, sculpture (including paper maché), paint, mixed media, drawing, and printmaking. She has worked at the North Vancouver Arts Council, Kelowna Art Gallery and Kelowna Museums. She currently teaches art classes for the City of Kelowna, and "Paint and Sip" for Okanagan wineries; and teaches acrylic painting at her home studio.

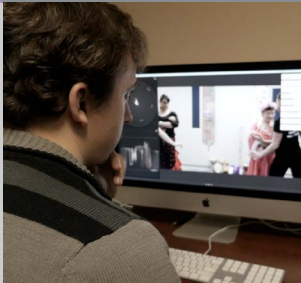
Website: www.shannonwilson.ca

Mary Kate Woodward



Model with Jade Bracelet

For many years, Mary Kate has been an art instructor, an artist with many art exhibits (solo and group), and a published author. Her preferred artistic language is line, though she is also a printmaker. Mary Kate works primarily with ink and graphite to create the lines and their variations, sometimes adding a touch of colour. Recent drawings focus on simplification, abstraction and exaggeration to facilitate design and flow of the line.



Videography

Reflections on the Breastfeeding Art Expo



Interviews with Heather Deegan, Manager of Population Health for Interior Health and some members of the Breastfeeding Art Expo Steering Committee: Karen Graham, Lynne Grillmair, Linda Kersche, Rhonda Camille, Ellen Boelcke and Lisa Ford. Teacher Jonathan Dersksen speaks to the importance of involving youth in the topic and the value of the Teacher's Guide.

Independent Artworks



In addition to the 15 Community Art Projects, the Breastfeeding Art Expo includes submissions from Independent Artists. The Expo includes 65 Independent Artworks by 55 Independent Artists. This film follows four of the Independent Artists: Rick Durand, Katherine Eggleston, Kaylyn Leanne Taylor and Charla Maarschalk.

PROJECT 1: Baring Our Breasts



Artist Angela Safire Jones collected breastfeeding stories, then plaster cast the busts of women and one man, some with babies. Each cast was then painted and decorated by community artists who interpreted the women's stories through art. Interviews with Safire and one of the community artists, Kelly Shpeley.

PROJECT 2: Breastfeeding in Focus



Renée Leveille
Artist

Artist Renée Leveille talks about her process in photographing breastfeeding mothers and teaching moms to feel comfortable to photograph others. Caroline Huisken, from the Vernon Friendship Centre says “what makes me feel good is seeing moms connecting with their babies”. Renée’s photography client Cynthia Wood shares her experience of being photographed.

PROJECT 3: Breastfeeding Olympics



Rebecca Siewert
Artist

There is a second film of the poetry reading.

Artists Erin Scott and Rebecca Siewert teach spoken word poetry and film photography to Grade 9-11 students from Studio9 Independent School of the Arts in Kelowna. There are interviews with Teacher Heather Crowne, and students Joleen Gregg, Abbey Broadland and Zoe Welch including short clips of their poetry presented at their launch at a local café.

PROJECT 4: Cultural Expressions



Cheryl Hann
Artist

Artists Cheryl Hann and Fiona Neal work with Canadian immigrants to create an acrylic abstract painting reflecting multicultural diversity and the shared experience of breastfeeding. They reflect on the rhythm and emotion of their collective art process. The participants create their own art pieces that speak to the meaning of breastfeeding and mother’s milk in their culture, with an interview by Erin Chen.

PROJECT 5: Down by the Lake



Artist Sarah Parsons works with breastfeeding mothers and children to create a mural depicting breastfeeding in a whimsical light with the goal of normalizing breastfeeding in public. Participants Rochelle McFarlane, Tara Albas and Joseph Chan describe the art process and what the mural means to them. Michelle McCullough from SWAC Art Council hopes everyone will see it.

PROJECT 6: First Moments



Métis photographer and nurse, April Mazzelli is passionate about early and sustained skin-to-skin contact between mother and baby to support successful breastfeeding. Spotted Fawn and Ryan Minnabarriet share their breastfeeding story and how photography helped retain those important first moment memories. Patrick Savard, Board President of Lii Michif Otipemisiwak Family and Community Services talks about the importance of breastfeeding for strong Métis families.

PROJECT 7: Go with the Flow



Artists Cathy Stubington and Mary Anne Domarchuk of Runaway Moon Theatre take the “curious idea” of a breastfeeding fountain and make it a reality. Their extraordinary community approach included smashing tea cups, clay workshops and the design and creation of a working milk fountain. Hear from participants Justine Drosdovech and Nicole Temple, and Runaway Moon Outreach Worker Jasmin Wright.

PROJECT 8: Human Milk Project



Artist Maureen Smith merges science and art to explore breastfeeding in a truly unique way by photographing microscopic images of human milk and interpreting it artistically. In the laboratory, she works with Microbiology professors and students at Thompson Rivers University in Kamloops. Hear Dr. Naowarat Cheeptham, Dr. Mairi MacKay and Dr. Soumya Ghosh. The project was presented at an Intercultural Conference held at the University.

PROJECT 9: In Good Hands



Artist Shannon Wilson and the "Tuesday Gals", a multigenerational group of women, work together to create a mixed media paper maché life-size sculpture of a breastfeeding woman placed on a decorated box. Participants Elfe Shukla and Lucie Parent-Papi talk about breastfeeding and the benefits of community art.

PROJECT 10: nour-ish/'nəriSH/



Artists Angela Hansen and Farah Canuel use encaustics to cast the bodies of breastfeeding mothers, then paint and design the casts to reflect the mothers' stories. Shannon Christensen of community group Mamas for Mamas helped in the call out for participants. Shannon Nystrom and Katharine Russell, as well as participant partner Jesse Van Grunbaum, talk about what made this project important.

PROJECT 11: Nurturing Community



Artist Paulina Niechcial photographs breastfeeding mothers at Vernon First Nation in the traditional pit house and outdoors, while mentoring youth Maria Alexis. Abbie Wilson, Lightning Rose Jameson, Ashlyn Mcammond and Andrew McWilliam talk about breastfeeding supports and the importance of normalizing breastfeeding and empowering women and their families.

PROJECT 12: Pillars of Support



There is a second film of the complete dance.

Artist Tascheleia Marangoni has choreographed a multicultural dance depicting positive support for breastfeeding. Photos and stories are captured in photovoice. Linda Norman from the Kelowna Arts Council talks about the importance of creativity and art in our well being. Dancers Lahaina Barranda and Melanie share thoughts about the role of dance in expression.

PROJECT 13: Revealing Truth



Hear Nelson highschool students Talel McBriar, Amelia Bressey, and Ella Korth talk about how this project got them thinking about breastfeeding, art, and the environment. Artist Erica Konrad, works with encaustics and natural materials, and links with the school and community partners including Dr. Lisa Sawyer from Apple Tree Maternity and Kady Hunter, Interior Health Dietitian.

PROJECT 14: The Fabric of Motherhood



Artist Karen Irvine helps young mothers such as Madison Langlands and Danikka Murphy create quilts or chalk paintings from their own breastfeeding photographs. Barb Jones from the Cariboo Friendship Centre in Williams Lake helped make this project happen. Tatjana Lauzon, a Public Health Dietitian says linking art to health tells our important stories.

PROJECT 15: Traditional Spirit



Artist Tania Willard talks of the impact of residential school experiences, and works with Adams Lake, Neskonlith, and Little Shuswap First Nations, and community members to explore breastfeeding and art within Indigenous cultures. Katelyn Matthew, Rhonda Camille, Leanne White, and Pamela Richard share stories.

Cinematic Journey



Mastermind team including Peter Cameron-Inglis, Jordan Nicholson, Mason Pridham, and Brooke Ballam tell their story of what it was like to film these 20 films, travelling several thousand miles to capture the perfect story. They heard breastfeeding stories from almost a hundred community members and artists, giving them a unique perspective and impact.

About the Videographers

Mastermind Studios

We stand by the Mastermind's Perfect Recipe for a Great Video: A shot of professionalism, expertise and quality, mixed with storytelling. Mastermind Studios pursues endeavors that leave the world in a better position than it was at the start of the project. Peter Cameron-Inglis says, "Video is the most powerful medium to communicate your message."

The Breastfeeding Art Expo video production was filmed over two years from over a hundred interviews, with hundreds of hours of film editing and resulting in twenty 3-5 minute vignettes. Two of the vignettes were filmed by Watershed Production, with editing completed by Mastermind Studios.

Ashley Legebokow, Associate Producer



Ashley graduated with her Bachelor of Journalism in 2014 from Thompson Rivers University; her specialties are communications, marketing, social media marketing and backend internet search optimization.

Jordan Nicholson, Cinematographer, Editor



Jordan has a proven track record for producing emotionally compelling stories that resonate with the intended audience. He has worked with the Vancouver Directors Guild and prepared commercials for CTV, Global, and Shaw. Jordan Graduated from the Interior Film and Television Training Center.

Brooke Ballam, Assistant Editor



Brooke is a TRU alumnus, graduating in 2015 with a Bachelor of Arts degree in Theatre. He landed at Mastermind Studios in June of 2016, when he was brought in to assist with a heavy editing workload. He also occasionally helps with shoots and voice-overs for sponsor videos.

About the Videographers

Mason Pridham, Videographer, Editor



Beginning his career in TV broadcasting, Mason has brought his professional camera experience, his post-editing knowledge and enthusiastic spirit to the Mastermind Studios team. Mason's excitement for new projects and clients brings passion into the quality of his work.

Peter Cameron-Inglis, Producer, Videographer, Editor



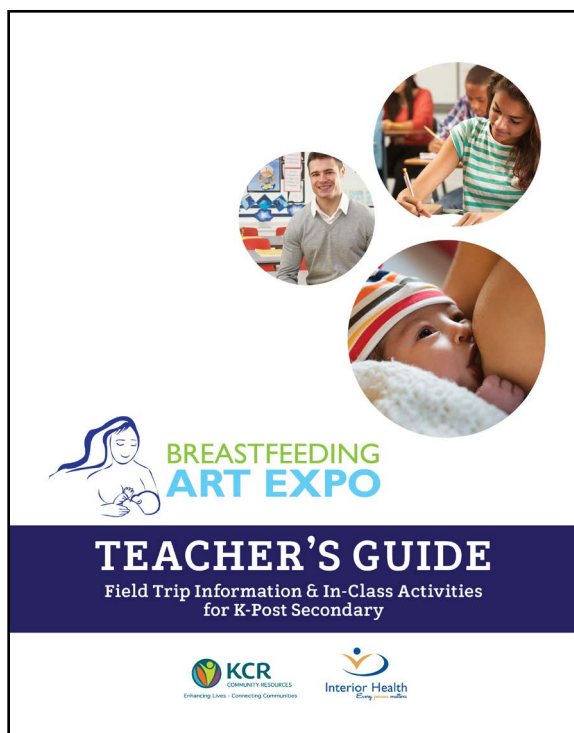
Peter started Mastermind Studios in 2010 with the idea that every person has an amazing and important story to tell but most need some help with the right formula to get that message heard and shared. With Peter's diverse and successful business background and passion for supporting meaningful causes he has assembled an amazing team of Masterminds that help make a positive difference in the world through video.

Watershed Productions Inc.

Amy Bohigian



Amy leads Watershed Productions Inc., a video production company based in Nelson, BC, directing and producing projects with a mission to create social impact. Amy was named Nelson BC's cultural ambassador in 2014. She runs the Summer Film Camp for Youth and is a faculty member at Selkirk College.



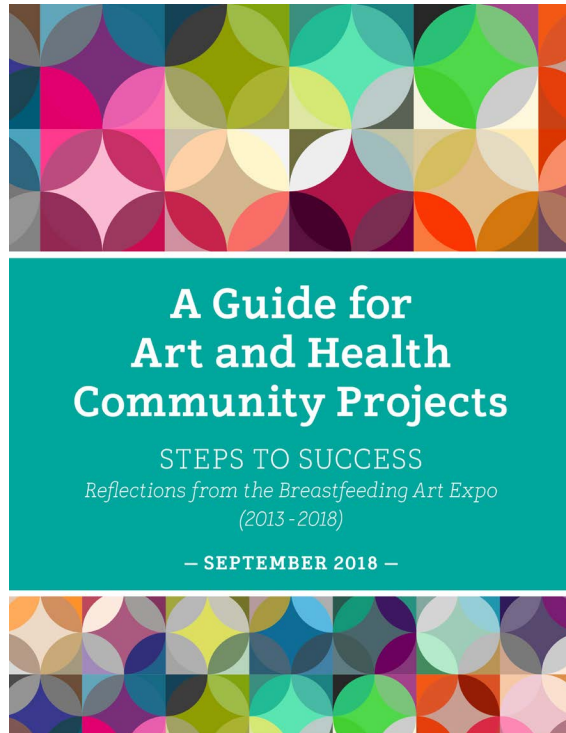
The Teacher's Guide is an innovative resource for teachers who wish to bring their students to the Breastfeeding Art Expo. Evidence shows that students are often receptive to new ideas and ways of thinking and the Breastfeeding Art Expo will expose them to a novel community-based art and health project.

The Teacher's Guide includes:

- Discussion points and activities (15-25 minutes) for introducing breastfeeding in the classroom
- A list of grade-appropriate art pieces at the Expo
- Activities and assessments for debriefing with students after the Expo
- Tips for talking with parents about breastfeeding education and the Expo
- Additional resources and activities

The Teacher's Guide is not intended to be a breastfeeding curriculum but rather to provide teachers with the information they need to feel comfortable to initiate breastfeeding education in their classroom, address questions from parents and other teachers, and engage their students in a unique community arts and health project.

The activities and discussion points in the Guide have been grouped by grade-level to ensure the information is age-appropriate and reflective of the content in BC school curriculum.



This guide is for you if:

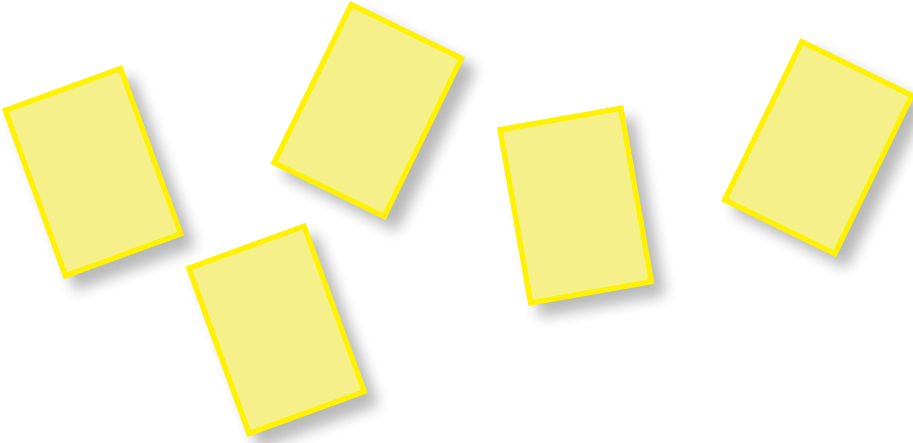
- You are a professional artist, or a community non-profit organization, an Indigenous group, health organization, or business.
- You would like to set up an art and health project, small or large, but don't know where to start.

This Guide will be published in the fall of 2018 with input from KCR – Community Resources, Interior Health, Arts Council of the Central Okanagan (ARTSCO) and key community partners on the Breastfeeding Art Expo. This guide will look at successes and challenges of the art and health process as we experienced it during the almost five years of the Breastfeeding Art Expo. Based on our experiences, the Guide sets out steps to follow to create a small or large art and health project. We hope this information will inform future art and health projects.

Available Fall 2018 at www.breastfeedingartexpo.ca

Join the Conversation!

Share your thoughts:
Post a sticky note at the Expo.



Fill Out a Survey in hardcopy or online.

We would love to hear from you.



THE UNIVERSITY OF BRITISH COLUMBIA

Breastfeeding Art Expo Visitor Survey

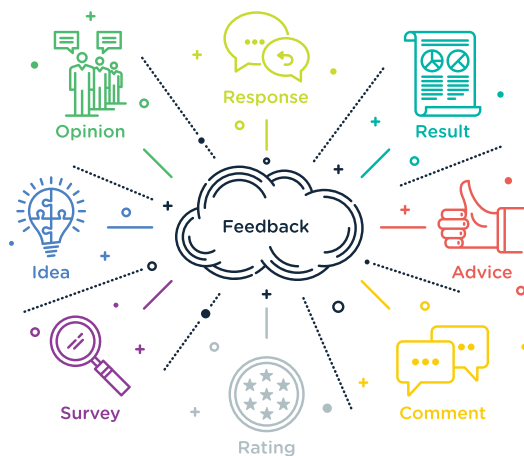
1. How many of the Breastfeeding Art Expo art projects did you view?
2. Did seeing the Breastfeeding Art Expo help you to...
3. How would you rate your experience seeing the Breastfeeding Art Expo?
4. Would you recommend the Breastfeeding Art Expo to others?





Evaluators: Dr. Mike Evans, Director, Institute for Community Engaged Research for University of British Columbia Okanagan and Lindsay Harris, PhD student, Lead Evaluator.

The findings from the evaluation will be posted in late 2018, when the Expo is completed, at: www.breastfeedingartexpo.com



Index of Artists Linked with Their Artworks

B

Brooke Ballam – Videography, 114-119
Brandy Barry-Wyatt – Embrace, 47
Kim Bauer – Breastfeeding an Adopted Baby, 42
Rebecca Besette – 22, 128, back cover
Amy Bohigian – Videography, 114-119
Michael Breakey – Project 12, Pillars of Support, 33
Urbania (Bonnie) Bruckner – Contentment, 45
Audrey Borland – Love Poured In, 57

C

Peter Cameron-Inglis – Videography, 114-119
Farah Canuel – Project 10, nour-ish/'nəriSH/, 31
Lynn Capling – Just Before the Latch & We Match, 54
Laureen Carruthers – Project 14, The Fabric of Motherhood, 35
Walt Collins – Humpback Whales with Calf, 52; Kelp Nursery, 55
Arlene Currie (Plumpton) – Love Letter to Isabella Claire, 56

D

Pat Raphael Derrickson – Generation to Generation, 49
Jane Tevelein Doel – Body Memory, 41
Mary Anne Domarchuk – Project 7, Go with the Flow, 28
Rick Durand – Breast Crawl, 41; Celebrate Breast Milk, 44; Dad's Gift, 45;
Have Breast will Travel, 50; Immunity Unlocked, 53

E-F

Katherine Eggleston – Simple Love, 67
Esther – Pride of Life, 63
L'wren Farkas – Liquid Gold, 56

G

Rebecca Geddes – Breastfeeding, 42; I Can Learn About Breastfeeding Too, 52
Charlene George – Baby's Gratitude, 40
Parboni Ghosh – Mother's Love, 59
Lucas Glenn – Hand painted 3D signs shown as e-versions, 2, 16-17, 18-19
Karen Graham – Hold Onto Your Dreams, 51
Marg Graham – Breastfeeding an Adopted Baby, 42
Victoria Grant – Life Keeper, 55
Lynne Grillmair – Connection, 44

H

Sue Hall – Maquay, 57
Cheryl Hann – Project 4, Cultural Expressions, 25, front cover
Angela Hansen – Project 10, nour-ish/'nəriSH/, 31
Erica Hawkes – Enfolded, 48
Charlene Hodge – Descansar, 46

I

Karen Irvine – Project 14, The Fabric of Motherhood, 35

J

Arlen Jacobs – Rhapsody in Blue, 65
Rachel Jacobs – Love Poured In, 57; What's That Sound, 70
Angela Safire Jones – Project 1, Baring Our Breasts, 22

K

Khoo, see Nadeau Khoo
Erica Konrad – Project 13, Revealing Truth, 34

L

Ashley Legebokow – Videography, 114-119
Renée Leveille – Project 2, Breastfeeding in Focus, 23
Becky Litz – Tandem, First Hours & Lunch Date, 68
Jenny Long – Herculean Ordeal, 51

Index of Artists Linked with Their Artworks

M

Charla Maarschalk – By Design, 43; One Accord, 62
Tascheleia Marangoni – Project 12, Pillars of Support, 33
April Mazzelli – Project 6, First Moments, 27
Michelle McCullough – Return to Source, 65
Stanley Meldrum – East African Mothers, 47
Selina Metcalfe – Dear New Mom, 46

N

Nath – The Natural Choice, 69
Noëlle Nadeau Khoo – Mother's Milk, 60
Fiona Neal – Project 4, Cultural Expressions, 25, front cover
Jennifer Nichols – breastfeeding logo, front and inside cover, 128
Jordan Nicholson – Videography, 114-119
Paulina Otylia Niechcial – Project 11, Nurturing Community, 32

O

Otylia, see Niechcial
Katrina Osborne – Breastfeeding an Adopted Baby, 42
Tanya Osborne – Rough Start: Strong Finish, 66

P

Karen Palmer – The Suckling Pod, 69
Sarah Parsons – Project 5, Down by the Lake, 26
Julianne Peters – Ren Ki7ce, Ren Tmicw, 64
Enid Petherick – Family Picnic, 48; Naturally Nursing, 60; Our Mammal World, 62;
Watchful Eye, 70
Plumpton, see Currie
Dianne Postman – Now and Then, 61
Mason Pridham – Videography, 114-119
Claudia Punter – Firstborn, 49; Happy Hour, 50

R

Raphael, see Derrickson
Angela Roy – Project 12, Pillars of Support, 33
Marty Ryan – Breastfeeding at Midnight, 44; I Hope the Baby Wakes Up Soon, 53

S

Erin Scott – Project 3, Breastfeeding Olympics, 24
Rebecca Siewert – Project 3, Breastfeeding Olympics, 24
Natalie Sky – The Bond, 68
Maureen Smith – Project 8, Human Milk Project, 29
Cathy Stubington – Project 7, Go with the Flow, 28

T

Kaylyn Leanne Taylor – Mothers' Eleutheromania, 58
Linda Toews – Picnic Baby Style, 63, inside cover
Cherie Tornochuk – I Can Learn About Breastfeeding Too, 52
Julia Trop – Nurturing, 61
Glenna Turnbull – Rock-a-bye Baby, 66

V-W

Giovanni Vidotto – Milk, 58
Maureen Warner – A Family Affair, 40
Verity White – Mother and Me, 58
Tania Willard – Project 15, Traditional Spirit, 36
Jetta Williams – Slow Poke, 67
Sherilyn Williams – Primates Mothering, 64
Shannon Wilson – Project 9, In Good Hands, 30
Mary Kate Woodward – Introduction at Breakfast, 54

Breastfeeding Art Expo Catalogue

Text copyright © 2017, KCR - Community Resources

Photographs of independent art pieces are copyright of the respective artists; other photographs are copyright © 2017, KCR - Community Resources

Purchased i-stock images appear on pages 14, 15, 72, and 125.

Author: Karen Graham, RD, CDE

Design and Editor: Aaryn Secker, MEd

Second Editor: Janice Madill, BSc, BSW, Easy English

Front cover image: Project 4, Artists Fiona Neal and Cheryl Hann, page 25

Back cover image: Project 1, Artist Rebecca Bessette,
rebeccabessette.com, page 22

Inside cover image: Picnic Baby Style by Linda Toews, page 63

Library and Archives Canada Cataloguing in Publication

Breastfeeding Art Expo

Breastfeeding Art Expo catalogue : influencing change
through art.

Catalogue of a travelling exhibition held at various venues across
central British Columbia between June 2017 to June 2018.

Includes videography and index.

ISBN 978-0-9959809-0-7 (softcover)

1. Breastfeeding Art Expo--Exhibitions. 2. Art, Canadian
--British Columbia--21st century--Exhibitions. 3. Community arts
projects--British Columbia--Exhibitions. 4. Breastfeeding in art--
Exhibitions. I. Graham, Karen, 1959-, writer of added commentary
II. Kelowna Community Resources, issuing body III. Title.

N6546.B7A74 2017

709.71074'7117

C2017-903094-9

Printed and bound in Canada



Breastfeeding Art Expo

Influencing Change Through Art

www.breastfeedingartexpo.ca

info@breastfeedingartexpo.ca



KCR

COMMUNITY RESOURCES

Enhancing Lives - Connecting Communities



KCR
COMMUNITY RESOURCES

Enhancing Lives - Connecting Communities

Thank you to:



vancouwer
foundation



First Nations Health Authority
Health through wellness

